



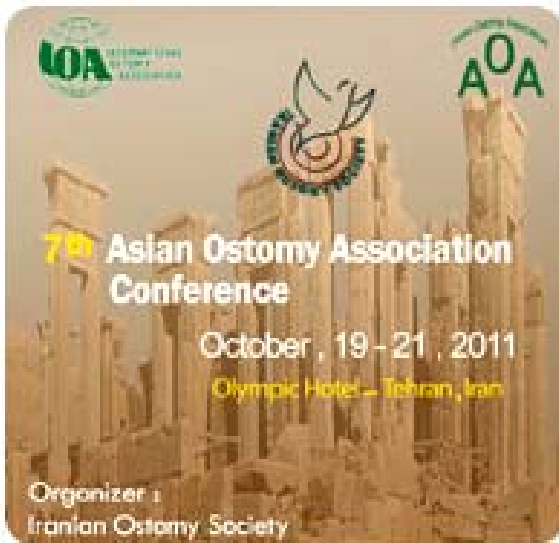
Regional NEWSLETTER

THE OFFICIAL NEWSLETTER OF THE ASIAN OSTOMY ASSOCIATION

3rd EDITION 2010

FOR IOA / AOA MEMBERS ONLY

7th Conference of AOA Announced



AOA President Prof. Takaishi has visited Iran in September 2009 to consult with Iranian Ostomy Society (IOS) on plans of the 7th AOA Conference hosted by IOS in Tehran in 2011. He was warmly welcomed by Dr. Mohammad Vafai, IOS President, Dr. Nanaei, Executive Director for International Relations, and IOS members. Dr. Vafai is a pioneer of colorectal surgery in Iran and he played the major role to form the Society in 2001. IOS is formally registered non-profit organization in Iran.

IOS has recently announced the date, venue and registration form on their website; <http://www.iranostomy.org/>. The date of the Conference is October 19th to 21st, 2011, and the venue is the Olympic Hotel in outskirts of Tehran.

In his talks with IOS, President expressed his will and expectation to use the Conference, the first one to be held to the west of Thailand, to expand AOA/IOA links in the Middle-eastern nations and NISs nearby, because the IOS is sole association of AOA to the west of India so far, and he found they are well qualified to act as a promoter of ostomy patients activities in the region.



IOS President Dr. Vafai, AOA President Prof. Takaishi and Dr. Nanaei



Dr. Vafai, Dr. Nanaei and secretary Ms. Maryam Sarlak in front of IOS office building



With Dr. Vafai, ostomates and nurses in IOS office

19 - 21 Oct 2011

Olympic Hotel - Tehran - Iran

We are pleased to announce that the 7th AOA conference & 13th house of delegates will be held at the Hotel Olympic Tehran from 19 - 21 Oct 2011

There will be workshop, scientific presentation & meeting business.

Dr.Vafaei : President of meeting

Dr.Nanaei : Secretary of meeting

[AOA Meeting Information and Registration Form](#)

Please Note : If you have any question about the registration form or other question please contact either IOS Secretary fnanaei@msn.com



**The 6th Congress of the
1-3 October 2010
Borobudur Hotel, Jakarta
By Mr. Kong Kin Chai**

It was on quite a short notice that I was informed of the Congress but I managed to do an extract to be put up in the program book and the organizers managed to print the extract into the program book.

I arrived in Jakarta at about 3.30 pm Jakarta time and very quickly got onto a taxi to go to the hotel. The journey was however torturously slow as there was a huge traffic jam as I was told by the taxi driver that some people go off work at 4.00 pm.

I arrived at the hotel at about 5.30, a two hour travel instead of the 30 minutes travel as stated in the internet. After settling quickly into the hotel room, there was a dinner organized by Alcare which I attended that night.

Present at the dinner was a few distinguished guests like Professor Shindo, Dr Carlos Pezcoller, Dr Benny, Dr Dieta, Dr Melissa and also Ms Kemala together with some ostomates. After the dinner, there was a sharing which was very informative. One of the issues I spoke on was the skin barrier for young, active ostomates who will perspire a lot especially in some of the hot and humid countries in Asia.

During the first day of the Congress, Dr Pezcoller talked about treatment of stoma complications. After the talk, I managed to speak to dr Pezcoller and told him that he might have missed mentioning about stoma revision especially for child illeostomate. He agreed that the pathology of ostomates should be looked into.

The Congress went well with the doctors and nurses addressing the issues of stoma care in the Asian countries. The more advanced countries felt that it is more efficient to discharge the patients as soon as possible. A week's stay in hospital was felt enough for the new ostomates to be in hospital.

The Congress was informative but I felt the second motive of interacting with the ostomates in Indonesia and also the nurses and doctors was equally important. I spoke to Dr Dieta and Dr Melissa to help the ostomates whenever possible. Malaysia also sent some nurses there and I met Ms Ani Maryani of Indonesia who is the president of InETNA. I suggested that the nurses of both Malaysia and Indonesia work together with the ostomate society.

Of course, the meeting with the ostomates was very cordial and Ms Kemala, whom I know from the AOA Conference in Japan, was excellent in introducing the ostomates there. Incidentally, Ms Kemala is also the President of the InOA. I got to know of one Mr Arifin Iskandar, an ostomate, who shared with me some of the problems faced by the ostomates in Indonesia. Some are very poor and they only wear a pouch with no base plate. Supplies of the bags come from Australia mostly. InOA is under the control of Yayasan Kanker Indonesia (Indonesian Cancer Fund).

When 3 October came, we had to say goodbye and happy to say, I did not have to face the traffic jam on my home.

InOA Surabaya begins

By Ms. Kemala Yasin

With the will of God, on 9 May 2010, the Surabaya Ostomate Association was formed. The leader elected is Mdm Marina, together with other members of the Committee.

With the cooperation of the Siloam Hospital, Surabaya, a group of ET Nurses led by Sister Arum Ratna Pratiwi and a group of doctors attended and gave talks during the gathering attended by ostomates together with their families. The ostomates came from various neighbouring hospitals.



Ostomate gathering organised by the Siloam Hospital. To launch the gathering, there was a welcome address by the Director of the Hospital, Dr Jongky T Syrabrata (extreme right). The speakers are Dr F. Siswanto (second from left) and Prof Dr Abdus Syukur (second from right)



After the Ostomate gathering, the launching of InOA Surabaya took place. The leader of InOA Surabaya was elected.

Dr Iwan Triswan who attended the launch pledged to give his full support to house the Secretariat in Damo Hospital.



With the birth of InOA Surabaya, it is hoped that the ostomates residing in Surabaya and the areas of East Java will not be lost when looking for various information on ostomy and also get to share experiences with other ostomates.

OSTOMATES INDIA

OSTOMY REHABILITATION CENTER

1308, 11th – B CROSS, VYALIKAVALLI BANGALORE – 03, INDIA

TEL: 00 91 80 23386229, FAX: 00 91 80 23383539. EMAIL: chaitra_prints@vsnl.com



The Ostomates India, a self-help group of ostomates dedicated to the rehabilitation of ostomy patients, is an association that has more than 10,000 members and 12 branches in the country. The association conducts a free ostomy check-up from 11 a.m. to 4 p.m. on first Saturdays of every month at the head office at Bangalore. Many new ostomates come for the free ostomy check up for the guidance to know how to manage the stoma. This also gives an opportunity to meet other ostomates to exchange views.

The association was established 25 years ago at the Kidwai Institute of Oncology here with an aim to helping ostomates lead a normal life by providing bags and other equipment to the poor and needy patients.

This is an ongoing process and many ostomates from other cities in South India use this opportunity. We hope that through this AOA newsletter, this message is spread for the benefit of ostomates not only of India but also of the whole Asian Region.

Manohar
Honorable Secretary

OSTOMATE IN FOCUS / VIETNAM OSTOMY ASSOCIATION



By Dr. Nguyen Trung Tin MD, Ms Epi, PhD

One of my friends, Dr. Vo Minh Phuc, found that he got a cancer of urinary bladder in advanced stage in 2003. He discovered that when he was tracking master degree of Public health in Hawaii, USA. For the other ones, that was the end of their life. But he was the optimistic man. He underwent the operation, chemotherapy and has worn the urinary bag for life. He tried to come over himself and work for the public.

Nowadays, he is the president of Anti-HIV and Anti- Cancer Association in his home town, Bac Lieu province, Viet Nam. Few words are written for our ostomates in the world, having the optimistic mind you could come over everything and be enjoy with your life. His full story will be send to our friends in the next AOA newsletter.



Under chemotherapy, in Hawaii, USA – 2003



In Ha noi, Viet Nam – 2009



낮설지만, 소망이 넘치는 새로운 인생을 기대하는 당신 곁에

한국장루협회가 있습니다.

WELCOME TO THE KOREA OSTOMY ASSOCIATIONS, THE NEW NATIONAL ORGANIZATION CREATED TO FILL THE VOID LEFT BY DISSOLUTION OF THE KOREA OSTOMY ASSOCIATION.



News from KOA

By Mr. Bong Kyu Chun

I am glad to write it to you. first of all, I would like to introduce myself. I am the executive director since last April, an ostomate 2003, was born 1949, majored in mechanical engineering but now retired.

KOA held the 12th Annual Seminar for Ostomates on the 15th of October sponsored by a hospital which is famous for colorectal clinic in Korea. About 60 members attended and had a good time. This seminar we invited a doctor majored in "male sexology", even though almost of us have some problems in it, but hardly ask to others. After his speech, we had the Q&A time and talked freely about the topic. It is very instructive and profitable time. Also we heard chorus and saw magic done by one of our member, an ileostomate.

KOA is now struggling against the government for "purchasing pouches". Since September. 2005, government has given us the benefit in purchasing pouches as 5% on our expense, with 95% government subsidy. But this law is limited for only 5 years after surgical operation of colorectal cancer. After the 5 years is finished, many beneficiaries must pay 30-60% , The rate is different by the hospital grade which we use. Due to this development, KOA protested that term will not be limited to 5 years or the rate of our expense will be down to 10 - 20%.

This is what we can share for now. Thank you very much.



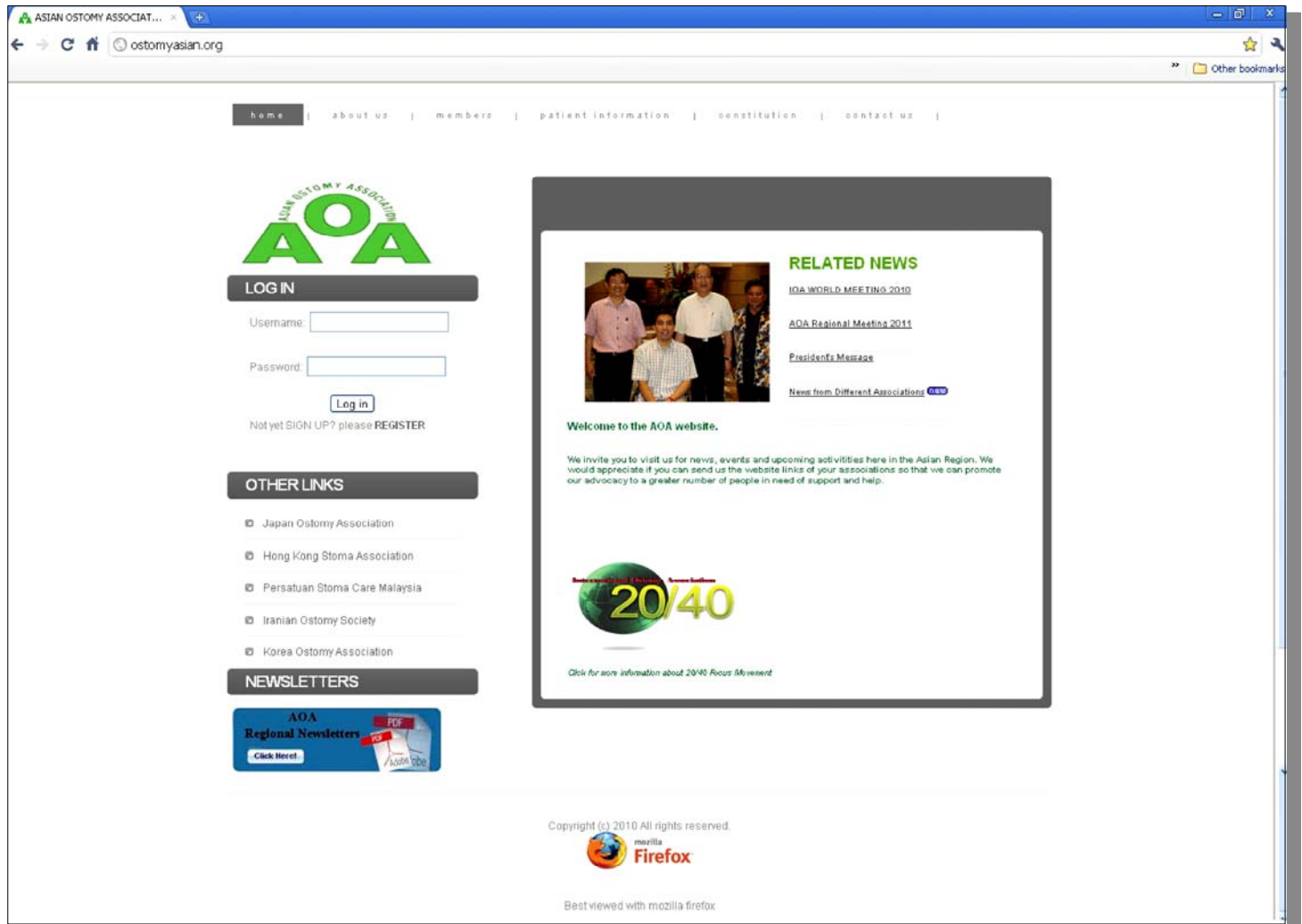
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We have Re-launched the AOA website.

Visit us at www.ostomyasian.org



The screenshot shows the homepage of the Asian Ostomy Association (AOA) website. The browser address bar displays "ostomyasian.org". The website features a navigation menu with links for "home", "about us", "members", "patient information", "constitution", and "contact us". The main content area includes a "LOG IN" section with fields for "Username:" and "Password:", a "Log in" button, and a note: "Not yet SIGN UP? please REGISTER". Below this is an "OTHER LINKS" section with a list of regional associations: Japan Ostomy Association, Hong Kong Stoma Association, Persatuan Stoma Care Malaysia, Iranian Ostomy Society, and Korea Ostomy Association. A "NEWSLETTERS" section features a button for "AOA Regional Newsletters" with a "Click Here!" link. A "RELATED NEWS" section lists "IDA WORLD MEETING 2010", "AOA Regional Meeting 2011", "President's Message", and "News from Different Associations". A "20/40 Focus Movement" graphic is also present. The footer contains copyright information for 2010, a Mozilla Firefox logo, and the text "Best viewed with mozilla firefox".

Do you have a 20/40 Focus Group Desk already?

The 20/40 Focus Group Desk is a structured set-up of young volunteer ostomates coming from the countries and regions of Asia. They establish themselves as a satellite group with its own rules and regulations that is in constant communication with the 20/40 Focus Asian representative. The desk will fall under the umbrella of the present ostomy association of the particular country. The reason behind forming a satellite desk is decentralization. It can propose activities other than the set guidelines proposed by the 20/40 Asian representative. In this way, the activities are acted upon and implemented according to one's cultural inclinations and background.



The main preoccupation of the Focus Group desk is to gather young committed ostomates who can promote ostomy advocacy. They gather for group sharings, medical missions and just plain and fun time enjoying each other's company. The connotation of the Desk is symbolic. It can literally mean a table to represent an office. If this is not possible due to constraints of meeting place, it may also mean a contact person who will facilitate the activities of the Focus Group Desk.

Mr. Ronaldo Lora is the Asian Representative for the 20/40 Focus Group. You may get in touch with him regarding queries in establishing the 20/40 Desk in your ostomy association.



We would like to share with you the October – December 2010 issue of the AOA Regional Newsletter. This is our 3rd edition for the year 2010. We expect AOA member associations to provide us with events, updates and respective news regularly in quarterly basis. Email us at aoa.editor@gmail.com